

# For Support and Comfort

## Footprints

*Author Unknown*

One night a man had a dream. He dreamed he was walking along the beach with the Lord. Across the sky flashed scenes from his life. For each scene he noticed two sets of footprints in the sand; one belonging to him, and the other to the Lord. When the last scene of his life flashed before him, he looked back at the footprints in the sand. He noticed that many times along the path of his life there was only one set of footprints. He also noticed that it happened at the very lowest and saddest times of his life. This really bothered him, and he questioned the Lord about it. "Lord, you said that once I decided to follow you, you'd walk with me all the way. But I have noticed that during the most troublesome times of my life, there is only one set of footprints. I don't understand why, when I needed you the most, you would leave me." The Lord replied, "My son, my precious child, I love you and would never leave you. During your times of trial and suffering, when you see only one set of footprints, it was then that I carried you."

## Bible Promises

I will never leave thee, nor forsake thee.

*Hebrews 13:5 , KJV*

Come to me, all you who are weary and burdened, and I will give you rest.

*Matthew 11:28 , NIV*

Weeping may endure for a night, but joy cometh in the morning.

*Psalms 30:5 , KJV*

The Lord is my shepherd; I shall not want. He maketh me to lie down in green pastures; He leadeth me beside the still waters. He restoreth my soul: He leadeth me in the paths of righteousness for His name's sake. Yea, though I walk through the valley of the shadow of death I will fear no evil; for thou art with me; Thy rod and Thy staff they comfort me. Thou preparest a table before me in the presence of mine enemies; Thou anointest my head with oil; my cup runneth over. Surely goodness and mercy shall follow me all the days of my life; and I will dwell in the house of the Lord forever.

*Psalms 23, KJV*

The Lord is close to the brokenhearted and saves those who are crushed in spirit.

*Psalms 34:18, NIV*

## A Prayer in Time of Pain

*Author Unknown*

Lord, out of your understanding and mercy reach out to me. Hold me, comfort me, let me know that I will laugh again from a happiness that is as profound as my grief at this moment. It feels as though my heart has been torn from deep inside me. The ache is more than I can bear and I am not certain I can live with such pain. Touch me with your tender caress and give me comfort. I need to feel some relief, just a few moments when my mind will be still, and quiet peace will settle upon my soul. You can do that, Lord.  
Give me peace and calm quietness.

## We Remember Them

*Author Unknown*

In the rising of the sun and in its going down, we remember them.  
In the blowing of the wind and in the chill of winter, we remember them.  
In the opening of buds and in the rebirth of spring, we remember them.  
In the blueness of the sky and in the warmth of summer, we remember them.  
In the rustling of leaves and in the beauty of autumn, we remember them.  
In the beginning of the year and when it ends, we remember them.  
When we are weary and in need of strength, we remember them.  
When we are lost and sick at heart, we remember them.  
When we have joys we yearn to share, we remember them.  
So long as we live, they too shall live,  
For they are now a part of us, as we remember them.

## Love Always Remembers

*Helen Steiner Rice*

May tender memories soften your grief,  
May fond recollection bring you relief,  
And may you find comfort and peace in the thought  
Of the joy that knowing your loved one brought —  
For time and space can never divide  
Or keep your loved one from your side,  
When memory paints in colors true  
The happy hours that belonged to you.

## God's Love

*Author Unknown*

One thing never changes,  
It remains the same forever,  
God truly loves His children  
And He will forsake them never.